

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

INVINCIBLE MAN WORKSHOP WITH BENJAHMIN STEELE

Invincible Man Workshop with Benjahmin

Saturday, 24th July 2:00pm – 5:00pm £25

'You can be what you WANT to be, but you cant be what you WISH to be. The time has come. We want to be, we should be and we have to be - MEN.' Yogi Bhajan

Do you Truly understand yourself as a Man? Do you understand the Power of your own Self-Recuperation? It is far greater than we know or feel it to be. The time has come for Man to Command his Own Self and Environments. A Man can become Invincible and Evergreen if he truly wants to.

Come and Experience the Disciplines and Perspectives that serve you as an Individual so you can deliver your Excellence as a Man. Forge from Raw Steel a Tempered Sword of Clarity about how to be a Man and what it takes to walk on the Path of a Spiritual Man within the 21st Century.

Secret Merger through Sound with Siri Arti & Benjahmin

Saturday, 24th July 6:00pm – 7:30pm £15

'When men are men and women are women, our roles will unfold naturally, peacefully and gracefully.' Guru Rattana

After a morning of Women exploring their Grace through Kundalini Yoga and an afternoon of Men discovering their True Invincible Nature, we will move into an evening of Celebration. A Celebration of Divine Union between Woman and Man.

Join us in creating a blissful space to Unite the Shiva and Shakti within each of us. This will be expressed through Sacred Sound Vibrations and a Supreme Willingness to Merge. We will guide you through a series of Venus Kriyas and Meditations to raise our awareness and learn the Art of Surrendering into an Authentic Relationship with Yourself and Sacred Polarity.



Benjahmin has been practicing the technology of Kundalini Yoga for 5 years and qualified in Level 1 Teacher Training in the UK with SKY in 2006. He is in the process of finishing his Level 2 this year and with his love of the Shabd Guru, brings a devotional and poignant energy to his sharing of the Sacred Science that is Kundalini Yoga.

Benjahmin received his Diploma with the International Institute of Reflexology in 2008 and has been attuned to Reiki Level 3. Trained in EFT, Kundalini Yoga Therapy Level 1 and evolving his healing skills with Sat Nam Rasayan, his intuitive, deeply compassionate and courageous approach to life will give either the student or patient an empowering, nurturing and inspirational yogic and healing experience.

BOOK BOTH WORKSHOPS & RECEIVE £5 DISCOUNT

UNIT 101, STABLES MARKET, CHALK FARM ROAD, LONDON NW1 8AH

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