

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

WOMEN'S WORKSHOP WITH SIRI ARTI

Women's Workshop with Siri Arti

Saturday, 24th July 10:00am – 1:00pm £25

'WOMEN IS THE SOURCE OF INSPIRATION & COURAGE'

Nothing is more beautiful than
The power of her spirit
The strength of her commitment
The radiance of her physical presence
The magnificence of her soul.

In this 3-hour Woman's Workshop we will use Kundalini Yoga and meditation to explore the composition SO PURKH - THAT PRIMAL GOD - written by Guru Ram Das whose vibration exists holding a state of grace and love that heals all realms of the heart and being.

By exploring our Grace as Women, we will discover how to use this quality to find a sacred merger with the Men in our lives and heal our relationships and ourselves.

This workshop is followed by The Invincible Man's workshop, flowing seamlessly into the Sacred Merger, where we will come together to express ourselves through form and sound. A celebration of Shiva and Shaktiness in all its purity.

Secret Merger through Sound with Siri Arti & Benjahmin

Saturday, 24th July 6:00pm – 7:30pm £15

'When men are men and women are women, our roles will unfold naturally, peacefully and gracefully.' Guru Rattana

After a morning of Women exploring their Grace through Kundalini Yoga and an afternoon of Men discovering their True Invincible Nature, we will move into an evening of Celebration. A Celebration of Divine Union between Woman and Man.

Join us in creating a blissful space to Unite the Shiva and Shakti within each of us. This will be expressed through Sacred Sound Vibrations and a Supreme Willingness to Merge. We will guide you through a series of Venus Kriyas and Meditations to raise our awareness and learn the Art of Surrendering into an Authentic Relationship with Yourself and Sacred Polarity.



Siri Arti has been teaching Kundalini Yoga since 2004. She started with Children's Yoga and moved into empowering Women through Yoga. She studied with I-SKY and is currently an intern with the school. Specialising in teaching children, she is following her passion by leading Starchild Yoga Teacher Training courses this year in London. As our consciousness grows and we become more aware of ourselves and how we relate to others, the field of Authentic Relationships starts to blossom like the lotus flower. Siri Arti is offering a space to grow and learn how to be authentic and move with the grace of the Guru.

BOOK BOTH WORKSHOPS & RECEIVE £5 DISCOUNT

UNIT 101, STABLES MARKET, CHALK FARM ROAD, LONDON NW1 8AH

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