

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

CALL OF THE HEART WITH SIRI SADHANA

Devotional, world chants and harmony singing



As we move into lighter days just like growing shoots our hearts and minds seek the blessing of greater expansion. Each seasonal cycle presents an opportunity to gather together in hearty song. Singing stimulates our brainwaves, energy centres uplifting and healing us. The sounds we vibrate mutually influence each others hearts creating a synchrony that transforms our whole being, we become a sound mirror of the universe.

This evening is an invitation to open our heart and voices, harmonising with songs from around the world and chanting powerful mantras to elevate our souls.

Saturday, 17th March 2012
7:30pm - 9:00pm / £12 in advance; £15 on the day

WWW.ALCHEMYTHECENTRE.CO.UK

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