

ALCHEMY

DISCOVER WHAT'S AT THE CENTRE

GONGMASTER DON CONREAUX AT ALCHEMY!

Friday, 3rd July

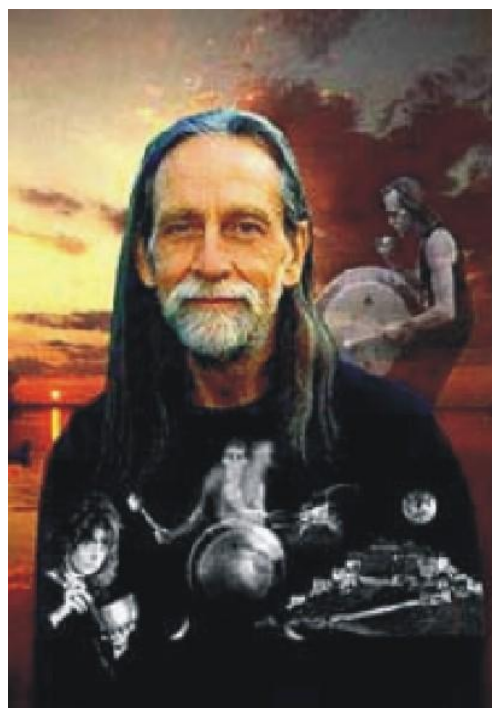
Don will give an introduction to the history, myth, art, craft, and science of gong playing and holistic resonance. Don will also give an overview of Certified Gong Master Training. You will finish the evening with a Gong Bath Meditation Experience by the Master himself!

Saturday, 4th July

How to play the Gong

In this workshop we will explore the following:

- The use of the Gong in diverse Sacred Tone Rites
- Group and one to one Gong Therapy
- Hands on Practice
- Exploring the Certification Process
- Sacred Tone Geometry
- Universal Correspondences
- The Shruti Song and Mantra Sutra



www.donconreaux.com

Formerly, Baba Don/ Guru Jagat Singh Khalsa. One of the five original Kundalini Yoga Teachers designated by Yogi Bhanan in 1969. Established Nanak Dwara Ashram Teacher Training 1970 -1976 in Phoenix, Arizona. Originated The Gong Yoga of Holistic Resonance, Gong Therapy, and The Gong Bath, and Gong Master Training in the Way of the Gong. Has produced students of the gong in many countries of the world since and holds trainings internationally. Studied the gong writings of Dane Rudhyar in the 60's, and conducts the Mysterious Tremendum Sacred Tone Ensemble.

FRIDAY, 3RD JULY 6:00PM – 7:30PM FEE: £15

SATURDAY, 4TH JULY 10:00AM – 5:00PM FEE: £90

NO CONCESSIONS

UNIT 101, STABLES MARKET, CHALK FARM ROAD, LONDON NW1 8AH

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