

A Thousand Candle

Meditation for Joy and Beauty

An evening of Yoga, to meet, feel Joyful, be Beautiful,
and experience Community - Sanghat.



St Columba's Cathedral Hall, Oban

7-9.30 pm Friday 2nd March

Please bring a mat and cushion, a blanket for warmth, and water

Refreshment served afterwards. £5

Dress beautifully

ALL WELCOME

Contact dirkcampbell@hotmail.co.uk