

# AMRIT NAM SAROVAR

To Teach - To Learn - To Serve

## Aquarian Teacher Kundalini Training 2012 SOUTH WEST As taught by Yogi Bhajan



**Module 1:** Thursday 26th - Sunday 29th April

**Module 2:** Saturday 9th – Tuesday 13th June

**Intensive Week FRANCE:** Saturday 30th June  
– Sunday 8th July

**Module 3:** Saturday 29th September –  
Tuesday 2nd October



Professional Teacher  
Har Nal Kaur



Administrator  
Martha Chester

***“Knowledge becomes wisdom when it  
becomes your personal experience”***

*Yogi Bhajan*

Amrit Nam Sarovar (ANS) School is an International Kundalini Yoga Teacher Training School. Committed the sharing the pure teachings of Yogi Bhajan. This level I course is for those who want to experience their true potential, through the technology of Kundalini yoga, which inspires, supports, and helps you to grow and connect to your soul. ANS believes in keeping the teachings alive, so there is lots of passion, shakit, bhakti, love and laughter involved in the training.

It is about giving you the courage and honesty to face your souls challenges in this life. The director in the school is Karta Singh, who supports and teachers with incredible patience, humility and love.

**For more information visit [www.marthachester.co.uk](http://www.marthachester.co.uk)  
or to register contact  
Martha Chester - [info@marthachester.co.uk](mailto:info@marthachester.co.uk)**