

## **2009 = 11: Walk in the World and Spread the Fragrance of Peace**

A year to know the nearness of God through the distinction known as separation. You think God is afar and invisible but this is merely because you are back to back. If you listen you will hear your spine whisper your Lord's name.

11 is  $10 + 1$  but this year it is created by  $2 + 9$ . The foundation number for the year is 9. Its themes include patience or impatience, tolerance or intolerance, calm persistence or exhaustion, pressure or dispersion, mastery or mystery, tyranny, endurance, peace, sabotage, revelation.

These paragraphs describe some of the qualities that might be brought to the forefront of our lives through the vibration of the 9<sup>th</sup> Spiritual Body, the Subtle Body, and the relation between the Universal Spirit and the Individual Soul, which is number 11.

You may identify with one or more of these themes. The discussion that follows is not to be taken as a prediction but gives examples of how these themes could be developed in the light of the state of affairs in the world.

After the economic dam busting of 2008 we might expect a calmer lake to be the next stage. This calm however probably implies a levelling off at a low level. Hence deflation and recession can reach its perfect and final ground. This lowering of the energy level could also happen in terms of power consumption and in other areas. Perhaps it is a year to stay home more, recycle more and consume less.

The number 9 indicates the fullest expansion and is followed by contraction. Given that this year brings the 9 through to 11 then it suggests a sudden rather than gradual contraction. This could imply scarcity of some resources that we have long been dependent on. However it is not a time to panic, and this would not help anyway. It is advised to assume the best but be prepared for the worst.

The 10 in between 9 and 11 could be imagined as an empty and powerless state. A zero non-state in which we collapse and disappear full stop. Or a mystical zero state through which the soul is reborn. For this we must find the ground of our unborn nature to rest on during the events of deconstructing temporary structures.

Through the zero thoughts can more easily become anchored and embodied through this year. In other words there are not so many obstacles between the thought and the event. So it is wise to watch your thoughts carefully. But also to dare the most noble thought you can.

Things that were hidden by a false high level become apparent or revealed. It is more possible for hidden things to rise from the depth. This can be virtues or vices. The high pressure nature of the 9 can also stimulate genius or madness, new ideas or new diseases. Imagine, as the glaciers melt away, how ancient, long buried, things become freed from millenniums of being fixed/frozen in time and space. Seeds of forgotten flowers, bacteria and microbes come to life again. Old skeletons come out of the cupboard and demand attention.

2008 was a year on non-happenings. Things became undone. 2009 might be a year of happenings, random unusual events. Happenings mark the end or the beginning of something. 9 is the number of completion while the 1 (in 11) is the indication of new beginnings. Certain things will unarguably be over and the seeds of new possibilities will emerge.

the above comments can be linked also to the sabotaging nature of the 9. When a process is complete, a structure redundant, or when a strategy is no longer useful, then the 9 pulls the carpet out from underneath. It is the moment to recycle and renew. In the presence of the 9 it becomes impossible to resist change. If we try then we will find ourselves under immense pressure. The integrity of the 9 however asks that we genuinely complete the old cycle before initiating a new journey. It will not be possible to pretend the job is done when it is not. The cracks in the surface will be immediately apparent.

However we must remember that pressure is not always to be bowed to, but is also there to serve us in developing stamina, or endurance. This will be a year for a determined spirit of KEEP UP. There

are times when commitment is all you have. It is your guarantee. It means to realise that at the end of the day only you let yourself down – so don't. The law is 'keep up and you will be kept up' YB.

Patience and tolerance will bring peace. We will have some choice to live in the tension of polarity with each other or to risk a parallel relationship. Solidarity is the realisation of our common solitude. This is the passage through the 10 to the 11. The challenge is to bear the seemingly unbearable moment when there is none but yourself and not to call it lonely. Rather to find the beauty in the vastness and the smallness of this moment and experience. There where there seems to be none we may be blessed to discover the light that illuminates all. This is also known as finding the 'All' in small.

9 is the number of maximum or optimum multiplication. It implies reaching a limit of some kind. Particularly the exhaustion of resources. This brings us back to basics, and to the question of survival. It become time to take recycling seriously – give it weight or the garbage will become dead weight. Recycling means break things down to their essential ingredients and build slowly from there.

The same principle is at work when we say take care of the details and the whole picture will take care of itself. As the path to completion is a journey fulfilled step by step. Each step in itself is also precise and has impact on our experience of reaching destiny and destination.

Completion is when every thread on the web of our life is actively in harmony with every other thread. All pieces of the puzzle fit together. It brings a sense of perfection and harmonious function of the whole.

In the movie where the world is heading for disaster this is the time of critical pressure for action. Great and radical events have to occur to turn the situation around. We could even say magical forces have to come into play. Rational means are failing and non-rational ideas have to be risked. It is the stage where 1 individual is prepared to stand out from the crowd and be different; to say or to do what others fear to but wish to. Sometimes the impossible is our only chance. The unlikely path becomes the only path. What was previously eccentric becomes the obvious thing to do. This is when the fool becomes the hero. It can be the time when a great leader emerges or when the collective force of the people speaks - where each one understands that his or her voice really counts.

#### **Your personal theme number for this year.**

Try adding the numbers of your day and month of birth to this year [2009] then reduce it all to a total by adding everything together. In this way find the number that will be a strong influence over this year.

#### **A Mantra for 2009 - Har Har Mukhande**

This mantra brings liberation, sets free unwanted ties, releases and reveals secret sacred treasures.

It takes of the ego as the 9<sup>th</sup> Guru gave his head. The literal meaning of Mukande is to cut the root of death. Through it one can die into the unborn. It will awaken and bring through the victorious self. Bringing lightness into your life to live carefree not careless.

Other mantras that relate to the themes of this year include:

- Aap sahaee hoa sache da sachha dhoa har har har
- Narayan Hari Narayan – and the Narayan shabd
- Sat Narayan Waheguru, Hari Narayan Sat Nam
- God and me, me and God are One.
- EkOnKar Sat Gur Prasaad Sat Gur Prasaad EkOnKar